

Evaluation: X-Smoker campaign -summary results

November 1999/ November 1998

| Demograp | hic Data | |
|-----------------|---------------------|------|
| 1999 | | 1998 |
| 870 | total sample | 919 |
| 226 | smokers interviewed | 271 |
| 35% | Maori | 24% |
| 19% | Pacific Island | 34% |
| 44% | European | 37% |
| 69% | Female | 46% |
| 31% | Male | 54% |
| 43% | Form 3 | 42% |
| 57% | Form 4 | 57% |
| | | |

They saw the posters

| Recognition of Posters | |
|-------------------------------------------|---------------------------------------------|
| 1999 98% (had seen posters) | 1998 88%(recalled seeing poster1) |
| 36% able to describe some graphic element | 54% nt(s) from the posters |

They liked the posters

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| Acceptability/Attractiveness | | | |
|------------------------------|---------------------------------------------------------------------|------|--|
| 1999 | | 1998 | |
| 76% | liked the way the posters looked | 75% | |
| 77% | agreed the comic book style is a good idea | 73% | |
| 6.3 | the mean rating Out of 1 to 10, where 10 is "very cool! " | 6.7 | |

Convenience Advertising public health messages delivered privately

| Message recall (unprompted) | | |
|-----------------------------|--------------------------------------------------------|------|
| 1999 | | 1998 |
| 53% | ''you should stop / cut down smoking / Auahi kore* | 46% |
| 20% | "You should become an X-Smoker or the words 'X Smoker" | 40% |
| 23% | "You're not trapped / you can do it" | 29% |
| 24% | "tell/ warn smokers how bad it is" | n a |
| 20% | "smoking/tobacco/nicotine is bad for you (evil) | n a |
| 19% | "reasons for stopping smoking" | na |

They remembered the messages

The Posters Helped

| 1 | Encouragement & support for cutting down or quitting smoking | | |
|------|-----------------------------------------------------------------------------------------|------|--|
| 1999 | | 1998 | |
| 60% | ''the posters would encourage a smoker to think about stopping or cutting down smoking' | 50% | |
| 50% | "the posters made me <u>think</u> maybe I should stop or cut down smoking'' | 50% | |
| 57% | ''the posters helped me <u>believe</u> I could stop or cut down on my smoking'' | 59% | |
| 62% | "I would like <u>to become</u> an X- Smoker" | 68% | |
| 77% | reported changing or trying to change their smoking | 80% | |

For further information contact John Hannifin: Co-ordinator X smoker project Phone 06 3590251 Fax 06 3591322

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Stopping or cutting down on smoking

At the time of the evaluation:

| 1999* | | 1998 | |
|-----------------|---------------------------------------------------------------------------------------------------------------|------|------|
| * Multip 32% | le choices possible; total more than 100% had stopped smoking | 32% | |
| 43% | had cut down | 31% | |
| 23% | reported no change, | 20% | |
| 13% | had tried but failed to stop or cut down, | 7% | |
| 10% | had increased their smoking | 3% | |
| So | | | |
| 75%* | of those who smoked at the start of the project had reported reducing or stopped smoking at the evaluatior | 1 | 63% |
| <u>of thos</u> | se who had stopped or reduced smoking: | | |
| 1999 | | | 1998 |
| 36% | the posters had some influence on their decision to red or stop smoking and/or felt encouraged by posters, | исе | 41% |

| 50% | smokers wanted more information or assistance | 70% |
|-----|-----------------------------------------------|-----|
| | with giving up or cutting down | |

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